

John C. Langland, MD

Referral Interests:

Sports injuries including rotator cuff, labral, SLAP, meniscus, and ACL tears. Shoulder and knee surgery (repair, reconstruction, and arthroscopy) including cartilage repair and advanced arthroscopic techniques in the shoulder and knee.

High School:

Ottumwa High School, 1982-86

Undergraduate:

University of Iowa, 1986-90

Medical Education:

University of Iowa, 1990-94

Orthopedic Residency:

University of Wisconsin, 1994-99

Sports Medicine and Arthroscopy Fellowship:

The Christ Hospital/University of Cincinnati, 1999-2000

Team coverage: Cincinnati Bengals (NFL),

Univ. of Cincinnati Bearcats (NCAA Div I),

Cincinnati Mighty Ducks (AHL)

Board Certification:

Board Certified, American Board of Orthopaedic Surgery

Professional Affiliations:

American Academy of Orthopaedic Surgery

American Orthopaedic Society for Sports Medicine

Arthroscopy Association of North America

Alpha Omega Alpha Honor Medical Society

Iowa Orthopaedic Society

Johnson County Medical Society

Community Affiliations:

Team Physician, City High School Football, Iowa City, IA

Member, Johnson County I-Club

Hobbies:

Fishing, downhill skiing, waterskiing, wakeboarding, and airchairing