

## Orthopedic Internet Resources

There are thousands of links to orthopedic topics on the internet. This site is designed to provide access to orthopedic internet sites that come from reputable sources. While these sites have been reviewed for inclusion, medical care still remains an art form with a variety of different ways to treat the same condition. Therefore, your doctor may or may not agree with some of the information found on these pages. These links are strictly for informational purpose only and do not constitute medical advice. Please consult your personal physician for any medical care or advice needed.

American Academy of Orthopedic Surgeons

This site has abundant information listed by category.

- Shoulder
- Arm/Elbow
- Hand
- Hip
- Knee
- Foot/Leg
- Spine
- Neck
- Cast Care
- How to use Crutches
  
- About Orthopedics
- Arthritis
- Children
- Patient Safety
- Injury Prevention
- Spanish
- Osteoporosis
- Sports/Exercise
- Women's Health
- View All Articles

Understand.com

[Click here for great animations for shoulder and knee arthroscopy.](#)

Orthogate Patient Education

- Ankle
- Child Orthopedics
- Elbow
- Foot
- General
- Hand
- Hip
- Knee
- Shoulder
- Cervical Spine
- Lumbar Spine
- Thoracic Spine

Southern California Orthopedic Institute

-

Clubfoot

-

Scoliosis

-

Tennis Elbow

-

Golfers Elbow

-

Herniated Disc

-

Thumb Arthritis

-

Plantar Fasciitis

-

Shoulder Arthritis

-

Rotator Cuff Tears

-

Shoulder Instability

-

Dupuytren's Disease

-

Long Biceps Tendon

-

De Quervain's Disease

-

Acromioclavicular Joint

-

Carpal Tunnel Syndrome

-

Cubital Tunnel Syndrome

-

What is an ACL reconstruction?

-

What is a total knee replacement?

Arthroscopy.com

-

Carpal Tunnel Syndrome

-

Frozen Shoulder

-

Dupuytren's Syndrome

-

Scaphoid Fractures

-

Stenosing Tenosynovitis

-

Knee Joint Anatomy & Function

-

Knee Arthroscopy

-

Meniscus(Cartilage) Tear

-

Meniscal Repair

-

ACL Reconstruction

-

Patella Syndromes

-

Total Knee Replacement

- Continuous Passive Motion (CPM)
  
- Plantar Fasciitis
  
- Ankle Sprains
  
- Achilles Tendon Injuries
  
- Posterior Tibial Tendon Injuries
  
- Osteochondritis Dissecans (Talus)

U.S. National Library of Medicine\*

- Amputees
- Ankylosing Spondylitis
- Arthritis
- Back Pain
- Bone Cancer
- Bone Diseases
- Carpal Tunnel Syndrome
- Elbow Injuries and Disorders
- Fibromyalgia

- Foot/Ankle Injuries and Disorders
- Fractures
- Gout and Pseudogout
  
- Hand/Wrist/Arm Injuries and Disorders
- Hip Injuries and Disorders
- Knee Injuries and Disorders
- Leg Injuries and Disorders
- Muscle Disorders
- Osteogenesis Imperfecta
- Osteoporosis
- Scoliosis
- Shoulder Injuries and Disorders
- Slipped Disc (herniation)
- Spinal Stenosis
- Sprains and Strains

\* These sites are meta directories.